

New Clinical Studies Reveal The Fat-Burning Power Of 4 Herbs Used In Alternative Medicine For Centuries

Over the past 10 years, more and more studies have begun to examine the benefits of so called 'alternative medicines'. Chinese, Indian, and African healing methods have been used by their native residents for millennia. Now, the scientific community has finally begun to recognize the power of certain alternative remedies.

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What do jungle mangoes, a bitter African spice, and a plant of the grape family all have in common?

They're some of the 'secret medicines' which have been used in ancient healing traditions for thousands of years. Recently, study after study has come out, finally revealing the scientific side of these plant-based remedies. This has allowed both the medical and alternative medicine communities to look at these remedies through a more intelligent lens.

Here we'll examine three natural remedies which possess proven weight loss properties:

- **CQR Cissus – The Veld Grape Plant**

The patented CQR form of this ancient Indian herb has demonstrated incredible fat loss benefits, particularly in a 10 week study in *Lipids in Health and Disease*.

The study participants:

- Lost 19.2lbs on average
- Reduced their body fat 14.6% on average
- Reduced their waist circumference an average of 3.4 inches

- **Dlygofit – The Dichrostachys glomerata spice**

Clinical studies of this spice, used by the jungle communities of Cameroon, have shown this spice produces notable weight loss and helps those who've already lost weight avoid rebound.

It also improves other health markers including improvements in cardiovascular health, metabolic balance, and blood sugar levels.

- **IGOB131 – African Mango Seed Extract**

African Mango has been a popular weight loss supplement recently, however most forms of this supplement aren't properly extracted. IGOB131 is the form that's shown the most promising results.

Participants in a [10 week clinical study](#) had the following results:

- 28lbs average weight loss
- 18.4% average reduction in body fat
- 6.7 inch reduction of waist circumference

These are just three of the many promising herbs being studied. If you're interested in using the proven, patented forms of these herbs, you can try Tetrogen which is currently the only formula on the market containing all three.

Visit <https://tetrogenusa.com/> for more information.